## The Power of Extensive Reading and Listening: Theory, Research and Practice

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Numerous studies have shown that students who do a great deal of self-selected pleasure reading and listening develop more positive attitudes towards language learning, have wider vocabulary and more sophisticated grammar, and become better language users. Despite these remarkable language learning benefits, extensive reading and listening continues to receive little attention in the language classroom in Asia. The aim of my presentation is to (1) provide an update of the theory that underpins extensive reading and listening (2) discuss best practices for implementing it in various L2 contexts and (3) offer practical tips on how English teachers can integrate it in their teaching.